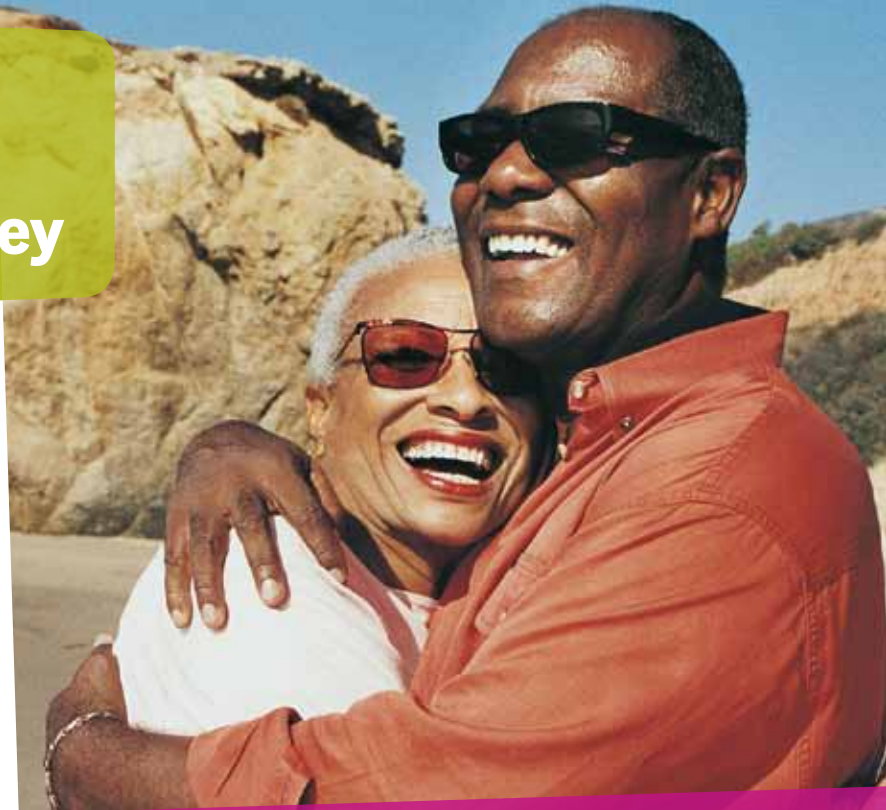


MyHealth Advantage Helping you stay healthy and save money

We go through medical histories, pharmacy claims and doctor visits, and then connect the dots to find ways to help you avoid health problems, stay healthy or save money.

If we find something you could do to improve your health, you'll get a MyHealth Note in the mail. MyHealth Notes have information on:

- **Tips to save money.** We'll tell you when you can save money on your prescription drugs and other health care services. For example, if you switch from a brand-name drug to a generic one, you often pay less.
- **Prescription drugs.** If we find that you have prescriptions for two drugs that you shouldn't take at the same time, we'll let your doctor know. And, if it's time for you to get a refill, we'll remind you.
- **Checkups, tests and exams.** If it's time for you to have an exam or test, we'll remind you to make an appointment.
- **Recent claims and prescriptions.** This easy-to-read summary of your recent medical and pharmacy claims is great information to share with your doctors.



Coming soon to a mailbox near you!

You don't need to lift a finger to save money while enjoying a healthier life. Just watch your mail for a MyHealth Note.

MyHealth Note
A confidential health care summary for
Jane W. Public
January 2012

Suggestions for You (details inside)

- Call Your Doctor** Ask your doctor about medication to prevent migraines
- Health Tip** Ask your doctor about a mammogram
- Save Money** Save money by switching from Coumadin
- Helpful Info** Exercise regularly to stay healthy

Share this report with your doctors

FOR PRESENTATION PURPOSES ONLY

